

# HOW DO I... TALK TO MY INSURANCE PROVIDER?

## Our Goal

TCM Restoration Program is leading medical changes that will help individuals live healthier lives and lower costs. Through our unique programs, advocacy efforts and innovative approaches, we are able to provide better health and value for our clients.

Understanding with this “triple aim” approach then you can ask your actual coverage and amount regarding “Rehabilitation”.

Most providers hear “China” and immediately begin to say no... this is when you immediately ask your provider about treatment that they offer “out of area” and how serious they are about decreasing any future medical claims or problems.

If your goal is to be a GREAT client trying to save them money then they will be on your side.



## Understanding “Triple Aim”

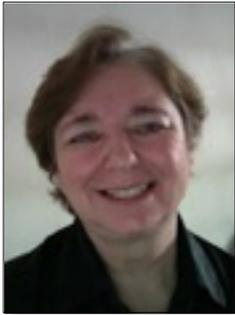
In medicine today the “buzz” phrase is “Triple Aim”. All providers have this phrase on their radar. In fact health insurance providers are required to incorporate the triple aim process. The TCM Restoration Program employs this “triple aim process” by accomplishing the three critical objectives:

1. Improving the health of the population served
2. Improving the experience of each individual
3. Increasing the affordability as measured by the total cost of care.

Our approach to delivery of care is based on: reliability, personal customization, access to the best doctors in China, and coordination of care with the client and physician of your choice.



# TCM RESTORATION



In order for you to understand what we do and why we do it you must understand one of our Founders:

Ruth Lycke was the first American patient to ever seek treatment in Tianjin, China using Traditional Chinese Medicine.

3 years after a devastating pontine brainstem bleed and secondary stroke she had exhausted all the rehabilitation resources in the US. Not content with her state of “recovery” she sought treatment here.

What she found seemed like a miracle; in three months they returned her balance, feeling on the right side of her body, motor skills to her right hand and arm, cognitive function and at the end of 5 months stable eye sight returned as well.

Over the past 8 years she has helped over 500 people receive treatments. Now she has helped establish TCM Restoration, that provides the best treatment for a number of conditions in 5 star hotel setting.

1. Find out what your insurance covers
2. Discover if your policy covers reimbursement for “out of area coverage”
3. Ask if a US representative can speak with someone regarding your treatment
4. Share with your insurer that TCM Restoration focuses on curing the disease or the injury rather than incurring ongoing treatments or medication for life. We do this differently than western doctors by providing the best environment for the body to heal itself and then assist with this process.

## Another Option...

Your last option is to seek to cover your treatment as a “test” case for your insurance company to see to how much money they can save on future cases while obtain better outcomes for their clients.

