Clinal study on acupuncture and moxibustion for treatment of plaque of carotid atherosclerosis

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OBJECTIVE: To observe effect of acupuncture and moxibustion on carotid plaque in the patient of carotid atherosclerosis due to ischemic cerebrovascular disease.

METHODS: Sixty cases were randomly divided into an acup-mox group and a drug group, 30 cases in each group. Plaque of carotid atherosclerosis and quality of the plaque were investigated by color B-ultrasonography and the thickness and area of the plaque were calculated.

RESULTS: The resolution rate of the plaque was 53.9% in the acup-mox group and 10.0% in the drug group with a significant difference between the two groups (P < 0.01), and with better effects on flat plaque and soft plaque. And the thickness and area of the plaque of corotid atherosclerosis were significantly reduced.

CONCLUSION: Acupuncture and moxibustion can improve the plaque of carotid atherosclerosis, so as to alleviate and prevent from occurrence and development of ischemic cerebrovascular diseases.

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Observation on therapeutic effect of activating brain function to cause resuscitation needling method on deglutition (swallowing) disorders after stroke

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OBJECTIVE: To observe clinical therapeutic effect of acupuncture on post stroke deglutition disorders.

METHODS: Sixty-eight inpatients of moderate and severe deglutition disorders were treated by the activating brain function to cause resuscitation needling method.

RESULTS: Twenty-six cases were cured, 24 were remarkably effective, 16 were effective, with a total effective rate of 97.06%.

CONCLUSION: This needling method has a markedly therapeutic effect on post-stroke moderate and severe deglutition (swallowing) disorders.

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